

FOR AGED CARE PROVIDERS ONLY

# Becoming Carer Aware

Free workshops and networking events  
in partnership with the Grampians Region  
Sector Development Team



## ABOUT THIS EVENT

This workshop will focus on building your understanding of unpaid carers in our community and the aged care system, exploring the issues impacting on their caring role and what key services are available to support them.

Topics include:

- › Carer awareness – the carer landscape, themes and challenges faced by carers in the aged care context.
- › Carer supports – referral options and services available to unpaid carers.
- › Understanding the carer experience – carer guilt, anger, grief, and loss.
- › Implementing Carer Aware – exploring ways to support carers within your service and within your broader organisation.

## WHO CAN ATTEND

These workshops are designed for organisations and staff working under the Commonwealth Home Support Programme (CHSP) or in the aged care sector.

## BOOKING INFORMATION

To secure your place, scan the QR code or visit <https://www.eventbrite.com/cc/becoming-carer-aware-for-aged-care-providers-3619679>. For further information please phone the Events Team on 1800 514 845 (option 2).



## ARARAT WORKSHOP

**Date** Tuesday 15 October 2024

**Lunch** 12.00pm–12.30pm (optional)

**Workshop** 12.30pm – 2.30pm

**Location**

Alexandra Oval Community Centre  
1 Waratah Ave Ararat VIC 3377

## HORSHAM WORKSHOP

**Date** Wednesday 16 October 2024

**Workshop** 10.00am – 12.30pm

**Lunch** 12.30pm–1.00pm (optional)

**Location**

Horsham Neighbourhood House  
13-15 Robin St Horsham VIC 3400

**Cost** Free

## CARERS VICTORIA EVENTS TEAM

**T** 1800 514 845 (option 2)

**E** [events@carersvictoria.org.au](mailto:events@carersvictoria.org.au)

**Social Media** @CarersVictoria     

[www.carersvictoria.org.au](http://www.carersvictoria.org.au)

*This program is delivered in partnership with the Grampians Region Sector Development Team and is supported by the Australian Government.*